

WOMEN'S FOOTBALL RULES AND REGULATION 2023

Version 1.0

1. All games will be played according to **IFAB (INTERNATIONAL FOOTBALL ASSOCIATION BOARD)** rules unless otherwise stated.
2. All games must be played in a sports-person-like manner. Respect must be shown to all referees and opponents.
3. All players must work for DHL Express and should have been on the payroll as of **31 March 2023**. This includes Service Partners/Owner Operators but excludes all 3rd Party Contractors. Teams will be disqualified if any team member does not comply with this rule.
4. A football team may consist of **only women**. Keep in mind that there is only one competition level, so players should be of the highest caliber possible.
5. Each team must register their players' names by dates stipulated on the website with a **maximum of 8 players per team**. Every team member must be approved by the Country Manager and the HR Manager.
6. Any unregistered player must be pre-approved by the respective Country Coach, Country Manager and HR Head.
7. Each player may only represent the team for which he/she has been registered throughout the tournament.
8. A minimum of **six players (5 + 1 goalkeeper)** will be required to start the game. Matches starting late will be shortened at the referee's discretion.
9. Teams **not available for kick-off five minutes** after the appointed time will lose the game; the other team will claim 3 points. The score will be 3-0.

GET IN THE GAME
25-26 November 2023
Singapore



10. Pitch size will be **60m X 30m**.
11. There will be 3 points for a win and 1 for a draw.
12. Each game will consist of **2 halves of 8 minutes** each way, with 2 minutes rest at half time.
13. A player receives a warning when given a yellow card. The second yellow card during the same game will equal a red card, which means that a player will be sent off for the rest of the game and be banned for the next game.
 - a. A player receiving a straight red card will be sent off for the duration of that game and will be banned from the next game.
 - b. A player who is sent off twice during the tournament will be banned from the rest of the tournament.
 - c. Violent conduct will result in the player being banned from the entire tournament, pitch area and all events.
14. Each team can consist of a **maximum of 8 people**.
15. Team is allowed to have **6 players and 2 returned substitutions per game** (Assistant Referee must be informed for substitution). A team violating the rule will lose the game; the other team will claim 3 points. The score will be 3-0.
16. The competition shall be played in a group stage with a maximum of **4** groups, followed by a knock-out stage. From the group games, **8** teams will go to the second stage. From each group, the teams placed first and second will go through automatically. The ranking of each team in each group shall be determined as follows:
 - a. Greatest number of points obtained in all group matches
 - b. Goal difference in all group matches
 - c. Greatest number of goals scored in all group matches

- d. If more than two teams are equal based on the above three criteria, their rankings shall be determined by the Head-To-Head result. If the match between the two teams ends in a draw, then penalty shoot-outs will take place. (First 3 penalty kickers from each team and not allowed to repeat)
17. If in this case, more than one team with the same result as per paragraph 16 are in concurrence for the last nomination for the second round, then penalty shoot-outs will determine the last nomination.
18. All games winners of each game in the second round (quarter/semi-final) will proceed on a straight knock-out basis to the final. Should there be a draw at full-time, whether goalless or a score draw, then a penalty shoot-out will take place. Penalty shoot-outs will be according to IFAB regulations. The goalkeeper that ends the game after 2 x 8 minutes will also be required to be the goalkeeper for the penalty shoot-out.
19. Penalty shootout -Only the **first 6 players** on the pitch are allowed to take the first 3 penalty shoot-out.
20. Final Match:
 - a. Should there be a draw at full-time, whether goalless or a draw, the game goes into extra time of 5 minutes each way (total of 10 minutes further play).
 - b. Should there still be a goalless draw at the end of extra time, then penalty shoot-outs will take place.
21. The referee's decision is final.
22. Wearing shin guards during the matches is mandatory.
23. Should one team withdraw within 7 days of the competition, then the Organizing Steering Committee, at their discretion, will re-allocate the number of teams in the individual pools.
24. The decision of the Committee is final.

25. The Organizing Steering Committee (Sean, Mateen and Saravanan) will decide what to do when a game is stopped for any reason and will decide on any other issue not covered by these rules and regulations.
26. These rules are subject to review and can be adjusted at any time. Any new versions automatically replace this version.
27. The Ball will be size 5 and meets all other IFAB requirements.
28. Any Goalkeeper Interchange must be advised to the referee prior to the change.
29. The offside rule does not apply.
30. Balls which go out over the sideline must be kicked in (not thrown). The ball must be placed ON the line where the ball went out.
31. Goals cannot be scored directly from a kick in.
32. The goalkeeper may not pick up the ball from a pass back or kick in from a defending player.