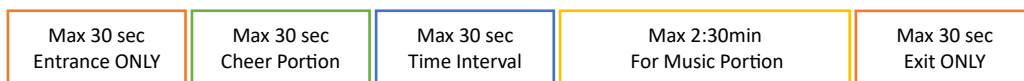


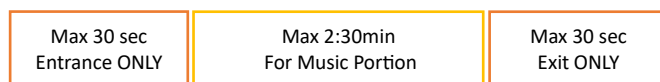
CHEERLEADING / CHEER POM FAQs

1. What is the difference between Cheerleading and Cheer Pom competition?
Ans: Cheerleading Competition incorporates dances and stunts in their routines, while Cheer Pom Competition uses poms as props in the dance routine. Cheer Pom places more emphasis on choreography and synchronization.
2. Can I take part in the 2 different categories?
Ans: No, each team is supposed to choose either Cheerleading OR Cheer Pom.
3. Do we need to include a 'Cheer' element in our Cheer Pom routine?
Ans: No, the 'Cheer' is only required for the Cheerleading Competition.
4. How long is the music required for Cheerleading and Cheer Pom?
Ans:

Below diagram illustrates on the sequence of the **Cheerleading performance:**



Below diagram illustrates on the sequence of the **Cheer Pom performance:**



5. Is there any practice session 1 day before the competition this year?
Ans: Yes, the practice slots on Friday at the competition venue will be released for registration once available. Teams are to adhere to the timings strictly. Any late turn ups will not be entertained.

6. Is it a must to use Poms during the Cheer Pom routine? Including Male team members?

Ans: Yes, it is compulsory to use poms throughout the entire routine. If there are male performers in this category, they are not required to use poms. Please refer to the rule book for more clarifications.

7. Do we need to have a different routine for Day 1 and Day 2 competitions?

Ans: No, the same routine is to be used. Teams will only be allowed to adjust their final day routine for the purpose of rectifying the portion of routine that received penalties during the first round.

8. How many teams can enter the finals for each category?

Ans: 5 teams each from the Cheerleading and Cheer Pom competitions will proceed to Day 2 Finals. Results will be announced during the dinner on Day 1.

9. How many judges are there?

Ans: There will be 3 judges and 1 infraction judge.

10. Here are some examples of Cheer Pom:

<https://youtu.be/4buU-Pwig6O>

https://youtu.be/Uf1yZ3d_P3U

<https://youtu.be/hW11gG9HIko>

You may find more videos on the International Cheer Union YouTube Account.